

North by Northwest Area

LANCASTER - Virtual (Central Cal. Region-CCR)

Antelope Valley Hospital, 4th Floor, Conf. Room 7
1600 W. Avenue J; Lancaster, CA 93534
Virtual Meeting ID: 821 1048 6252
Password: Antelope
"Hope for Today"
Wednesday 7:00 p.m.

NORTHRIDGE - In-Person

New Life Church of the Nazarine
10650 Reseda Blvd., Northridge, Ca 91326
Corner of Reseda and Chatsworth
Wednesdays - 7:30 - 9:00 p.m.

SANTA CLARITA - Temporarily Virtual

Canyon View Estates
20001 Canyon View Drive; Santa Clarita, CA 91351
Virtual Meeting ID: 843 5317 3785
Password: 474788
"Looking for Serenity"
Tuesday 7:00 p.m.

THOUSAND OAKS - Virtual

Virtual Meeting ID: 845 5457 9624
Password: 820108
Contact info: jalodom@aol.com
Thursday 7:30 p.m.

San Diego Area

ESCONDIDO - In Person

Trinity Episcopal Church
845 Chestnut Street, Escondido, CA 92025
"Thursdays Thrivers"
Thursday 7:00 p.m.

LA MESA / SAN DIEGO - In Person

Del Cerro Baptist Church, Room 212 off patio
5512 Pennsylvania Avenue; La Mesa, CA 91942
Newcomers can contact us at lynh919@yahoo.com
more information.
Masks are required
Tuesday 7:00 p.m.

CHULA VISTA - In Person

East Lake Church
Upper Campus
990 Lane Ave.
Chula Vista
Monday - 7:00 p.m.

Grupos de Familia Nar-Anon.

Ayuda y esperanza para familiares y amigos
de los adictos

Reuniones en Español-Spanish Speaking

BUENA PARK - Despertar Espiritual In-Person

6700 Stanton Ave Unit D
Buena Park, Ca. 90621
Tues & Thurs 8:00 p.m.

DOWNEY - Ayuda Familiar Group - In-Person

First Christian Church -
10909 New St, Downey CA 90241
Martes (Tue) 6:30 p.m.

DOWNEY - Groupa Ayuda Familiar - Virtual

Virtual - 669-900-9128
ID: 583 282 1837 PW: 032521
Lunes (Mon) 7:00 p.m.

MORENO VALLEY - Hybrid

24099 Postal Ave. Sp #206
Moreno Valley, Ca. 92553 - / 10:00 a.m.
Lunes Y Viernes- (Monday & Friday)
1-848-777-1212 Clave (code) 90112001#
Desprenderse con Amor - barragang539@gmail.com

PARAMOUNT - Solo por hoy group -In Person

Imperial Alano Club
8021 E Rosecrans Ave, Paramount CA 90723
Lunes (Mon) 7:00 - 8:30 p.m.
Info naranon_solo_por_hoy@yahoo.com

PICO RIVERA - Aceptacion Group - Hybrid

9011 Telegraph Road; Pico Rivera, CA 90660
Virtualmente Para conectarse marque:
1-848-777-1212, Clave 90112001#
Contact- aceptacion9011@gmail.com
Lunes, Martes, Miercoles, Jueves, Viernes y Domingo
(Mon, Tues, Wed, Thr, Fri and Sunday) 7:00 p.m.

SANTA ANA -West 17^a In-Person

Nueva Esperanza
1225 West 17th Street- Room 2
Santa Ana, Ca. 92703
Lunes, Miercoles Y Jueves- (Mon-Weds-Thurs)
8:00 p.m.

SAN DIEGO - Group Serenidad - In-Person

Sunday - 82687 National Ave
San Diego, Ca. 92113 / Domingo (Sunday) 7:00 p.m.
Virtually on Thursday - 7:00 p.m.
Contact: Serenidadsandiego@gmail.com

Nar-Anon. Family Groups

For Family and Friends of Addicts



Southern California Region Meeting Directory

JANUARY 2026

Contact Information

If you did not find a meeting in this directory,
wish to know more about
Nar-Anon Family Groups
or are interested in forming a group,
please contact us.
Email: SoCalRegion@nar-anon.org

Changes may have occurred since printing.
We encourage you to visit our website for
the most current information.
www.NarAnonSoCal.org

Nar-Anon Family Group Headquarters, Inc.
23110 Crenshaw Blvd, Suite A
Torrance, CA 90505
www.Nar-Anon.org
Email: wso@nar-anon.org
Telephone: (310) 534-8188
or (800) 477-6291

Meeting updates should be sent to
So Cal Website Committee:
SoCalWeb@nar-anon.org

Los Angeles County Area

LAKEWOOD - Virtual

"Change your life today"

Virtual Meeting ID: 936 9808 6516

Friday 7:30 p.m.

LONG BEACH – In Person

Community Grace Brethren Church

2 blocks north of South Street

5885 Downey Avenue; Long Beach, CA 90805

"Healing Hearts"

Monday 7:00 p.m.

SAN GABRIEL- In Person

Church of Our Savior Episcopal Church

Grace Chapel

535 W. Roses Road; San Gabriel, CA 91775

"Serenity Seekers"

Thursday 7:15 p.m.

TORRANCE - Hybrid

First Christian Church, Room 104

2930 El Dorado & Maple; Torrance, CA 90503

Virtual Meeting ID: 720-707-2699

Meeting ID: 866 519 066

Password: 090098

Thursday 7:30 p.m.

TORRANCE - Hybrid

First Methodist Church,

Across from Torrance High

1551 El Prado; Torrance, CA 90501

Virtual Meeting ID: 108 991 827

Password: 154701

Saturday 11:00 a.m.

Torrance - In Person

Encounter Community Church

18749 Crenshaw Blvd, Torrance CA 90504

Shaing Experience, Strength, and Hope

Mondays 6:00 p.m. - 7:00 p.m.

WHITTIER

Whittier Area Community Church

8100 Colima Road

Whittier, CA 90605

Meet in chapel then breakout to specific Room

Monday - 6:30 - 8:30 p.m..

For more info : healingtogetherCA@gmail.com

Orange County Area

BREA / FULLERTON – In Person

St. Paul Lutheran Church

Corner of Harbor Blvd. and Las Palmas

111 W. Las Palmas Drive; Fullerton, CA 92835

Wednesday 7:30 p.m.

COSTA MESA – In Person

2040 Placentia Ave.,

Costa Mesa, CA 92627

Alano Club

Monday 6:00 p.m.

FOUNTAIN VALLEY – In Person

King of Glory Lutheran Church

10280 Slater Ave – Big Ed Room

Fountain Valley, Ca. 92708

Thursday 7:00 p.m.

MISSION VIEJO – In Person

Shepherd of the Hills United Methodist Church

26001 Muirlands Blvd.; Mission Viejo, CA 92691

Sunday 7:00 p.m.

SAN JUAN CAPISTRANO – In Person

Church at 27124 Paseo Espada, Suite 801,

San Juan Capistrano, CA 92675

"Saturday Morning Parent Focused"

Saturday 8:30 a.m.

NEVADA Groups

Hope and Healing – In-Person

Green Valley United Methodist Church

2200 Robindale Rd.

Henderson, NV 89074

Monday – 7:00 p.m.

Inland Empire Area

BARSTOW "Hope Starts Here"- In-person

VFW

25190 W. Main St, Barstow CA 92311

Tuesday 6:30 p.m.

CLAREMONT - In-person

Claremont United Church of Christ

233 West Harrison Avenue; Claremont, CA

91711

Monday 6:30 p.m.

HESPERIA "Hope Never Ends"– Virtual

Virtual Meeting ID: 893 7983 0257

Password: hope

Thursday 7:00 p.m.

Inland Empire Virtual Meeting Group - Virtual

Virtual Meeting ID:792 4548 8209

Password: 6NtQYP

Wednesday 6:30 p.m.

ONTARIO "Marble Meeting"– In-person

Princeton Baptist Church

810 E. Princeton Avenue; Ontario, CA 91764

Thursday 9:00 a.m.

Virtual Step Study- Virtual

Virtual Meeting ID: 854 7733 8491

Password: Marble

Thursday 9:00 a.m.

TEMECULA - Virtual

Virtual Meeting # ID: 669 900 6833

Meeting ID: 872 4812 9359

Password: Temecula

Monday 7:00 p.m.