MINUTES

SCR Regional Service Committee (RSC)

September 21, 2024 DATE - 9:00 AM. PDT

Officers and Delegates

Chair:	vacant		Secretary:	Roseann R.	X
Vice Chair:	Ken (interim)	Х	Delegate:	vacant	
Treasurer:	Andrea L.		Alternate Delegate:	Trudi C.	X

Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	Х	Dottie	Mission Viejo	Х
Website	Debbie S.	Х	Jeff	Brea/Fullerton	Х
Narathon	Joel	X	Debbie M	Nevada	Х
Finance	Trudi C.	Х	Kean B	Nevada	Х
Outreach	vacant		Cheryl H	Las Vegas	X
			Marion B	High Desert-Nev	
Area Service Reps	Chair Service Positions		Service Positions	(non-voting)	
none			Directory Updates Email list/Group ID	Jennifer L	Α
			Zoom Host	Michelle B	Α
			Take Back to Meeting	Susan S.	Х
Registered –	Quorum -		Present - 11		

So Cal Regional Elections - October 2025

All members of Southern California Region Nar-Anon are welcome to observe. **Voting in a Regional Service Committee meeting is only done by the voting members**. Other members may speak given permission by the chair.

Open meeting with Serenity Prayer ()

Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (*91)
- Everyone please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions Roseann R
- Read Concepts of Service Ken #9
- Roll Call
- Visitors
 - <u>During Roll Call please announce your first name and position or visitors</u>
 <u>state your home</u> <u>group. Each RSC Officer, Delegate and Alternate</u>
 <u>Delegate, Area Representatives & Subcommittee Chairs have only (1)</u>
 vote

Motion to amend the agenda to add:

Under Delegate: RSC "Motion to verify the continued endorsement of Trudi C. as the Alternate Delegate from the Southern California Region to the 2025 World Service Conference (WSC)." 1st: Roseann R. 2nd: Ken K. Passed unanimously.

I. Minutes of June 29, 2024

Stand as read

II. Old Business

A. Revisit RSC meeting date for December. All agreed to December 28, 2024

III. New Business

A. Nevada Region's request to explore joining the Southern California Region

Kean B. - High Desert Region was established in 2014-15. Due to lack of participation at the Region level, the decision was made to explore joining the SCR. Areas include Las Vegas-Metro, 3 inperson.Laughlin, Prompt, Overton. Currently there are six (6) Family Groups with 75 members, 2 hybrid-1 online; two are half of the 75. The current state of the region: \$1,400. Most groups donate directly to the WSO. Little success with getting members to step-up for service. Kean and Debbie have kept it going. They do have an Outreach Chair.

Ken K. explained what would be involved with creating a new area (need officers, GSR, etc.) what outreach activities are done. SCR adheres to the Traditions and Concepts. Kean and Debbie will take this information back to their groups for discussion and consideration. They will join the SCRA in

October for an update.

IV. Sub Committee Reports

- A. <u>Website:</u> Debbie nothing new. The video has not been uploaded yet. Should be soon
- B. <u>Narateen:</u> Ken- making good progress,
- **C.** <u>Finance:</u> Trudi presented budget, attached. Will send to SCRA for acceptance of the budget, meeting of Oct. 5, 2024
- **D.** Literature: Ken purchased \$175 of material for the Narathon event. The 4th Step Workbook sold out at the event.

E. Outreach:

- 1) So. Calf. Regional Convention 45 NA Ontario CA, October 11-13, 2024. Have not had good outcomes in the past. But if any group wants to host a table, let us know.
- 2) Garden Grove Recovery Rally, The Purpose of Recovery, August 24, 2024. Location: Elks Garden Grove, 1151 Trask Ave. Garden Grove, CA. The Fountain Valley group will have a Nar-Anon table. Requesting \$100 for registration fee. Will vote at the Assembly meeting on July 13th.

E. Narathon: Joel

Donations collected so far to date: \$2,690 gross, less expenses. Very good feedback; positive comments. Everything went well, considering this was our first time back in person since 2019. Some suggestions: explore paying with card reader or zelle; might be a charge for organizations; start time earlier, rehearsal for speakers so they stay focused on themselves, their recovery, not their addict; No major issues reported. Having a 'gopher' person like Susan was very helpful. Other incidental suggestions in the share drive (supplies, kitchen, etc)

Send an email once the video is ready encouraging donations for anyone who didn't get a chance to donate. Joel will reach out to Val to see if it is ready. Who was taking the money for the CD's? Val took the money for the CD's. We don't remember discussing that procedure. Ken-we don't usually pay volunteers for service. Joel-clarify for next time. Susan-seems to remember paying Val for the CD's. He does buy the materials.

F Delegate/Alternate Delegate Reports

1) Motion to send to the October Assembly for a vote: "Motion to verify the continued endorsement of Trudi C. as the Alternate Delegate from the Southern California Region to the 2025 World Service Conference."

Will be sent out to the SCRA. More information will be coming out and brought to the SCRA. Most members are probably not interested, but some people seem to be trying to change Nar-Anon, not for the better. Cost of the full conference is \$403. Trudi needs to fill out a Regional report, many pages long. Will have most of it done by the SCRA. Hope to get more people involved to attend. It is everybody's fellowship.

2) Secretary World Service Conference

Experiencing the WSC 2024 as one of the secretaries brought a new perspective and understanding to the meaning of service. Skills for a secretary may not be my greatest gift but I have a willingness to serve. I learned new skills, discovered hidden ones, and sharpened old ones. Working behind the scenes opened my eyes to the generous time and dedication required to produce a smooth conference. Working with fellow members supporting one another with the same purpose... priceless. I'm thankful to my Higher Power, who gives me the courage to take the challenges and the strength to make it through. I went in with fear and insecurities and left with a spiritual awakening. There is nothing like it. **From JT**

<u>Download Conference Secretary Application</u>

Facilitating the World Service Conference

What was it like to facilitate the 2023 World Service Conference (WSC) and the 2014 Interim World Service Conference? Some analogies that came to mind were conducting an orchestra, stage managing a play, and directing traffic. In an orchestra, there are many instruments and players, but they must work together in a coordinated fashion to make beautiful music. In a play, actors recite lines and represent different points of view, but they require direction to have it go smoothly. Police officers direct traffic at events to more efficiently empty the parking lots. The facilitator is to be impartial during the WSC discussions while keeping the business moving according to the agenda. When the WS Human Resources committee selected me for this role, I felt that my Higher Power had been preparing me my whole life to perform in this service position for the fellowship. *Tina K.*

Conference Facilitator Application

Learn More by sending an email to: wscconference@nar-anon.org or <a href="wscconference@

V. Discussion:

- 1) Still need more volunteers for service positions. Next SCRA Oct.
- 5, 2024. Next RSC Dec. 28, 2024

VI. AGENDA BUILDING

- A. Final Narathon donation tally
- B. Trudi's motion to continue her as alternate delegate
- C. Nevada area joining our region

VII. Upcoming Meetings or events

- A. 2024 <u>All Assembly Dates</u> -Saturday mornings 10:00 a.m 1/13/24, 4/13/24, 7/13/24, *10/05/24 change from Oct. 12, due to Yom Kippur
- B. 2024 All Regional Service Committee (RSC) Meeting Dates Saturdays 9am 3/23/24, 6/29/24, 9/21/24, 12/28/24
- VIII. Closing Motion to close: Leah @ 10:49 Meeting adjourned with serenity prayer.

Meeting adjourned at - 10:49 ish

To Join the Regional Meetings

Join Zoom Meeting

https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09

Meeting ID: 560 611 0072 Passcode: 374596812

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Dial by your location

+1 669 900 6833 US (San Jose)

Meeting ID: 560 611 0072 Passcode: 374596812